

Lifestyle Salons' Colour Lounge

NANCY STEVENS



Nancy decided on the ombre trend and was thrilled with the result

Every girl loves to have her hair done, and I'm certainly no exception. I have a trusty mobile hairdresser who has been doing my hair for over a decade, and I am more than happy with her. But 18 months ago, acting on impulse, which isn't in my nature, I used a voucher for a salon in Milton Keynes, where, sadly, my hair was completely butchered. So it was with some reservation that I agreed to try another salon. I needn't have worried, as the moment I tentatively set foot in Lifestyle Salons in Newport Pagnell, my fears were allayed with a very warm welcome and a professional approach. A good measure of a hairdresser's skill is to see how the stylist's own mane measures up, and I was pleased to see that at Lifestyle, they all sported stunning hairstyles, with nothing too outlandish!

I was shown upstairs to Lifestyle's new Colour Lounge, which is in a contemporary setting. I was offered a drink from a menu, and a pile of magazines. I was then introduced to Emma, Salon Principal, who is

just delightful, and whose knowledge of hair is encyclopaedic. Emma has been with Lifestyle for ten years. She listened intently to what I had to say, and put forward ideas for improving my colour, which was looking decidedly patchy. We decided, mutually, to go for an ombre which has been very popular for the past year, where the hair is tinted darker at the roots and then fades subtly towards the ends. As I have naturally curly locks which are prone to hideous attacks of frizz, my main objective was to have healthier looking hair. Emma applied foils in golds and reds, as we were both happy with my current colours. She explained that all their stylists hold a Colour Master's degree with Goldwell, and undergo an extensive eight week course in London, learning the theory of how to mix, be creative with colour and how to keep up to date with style trends.

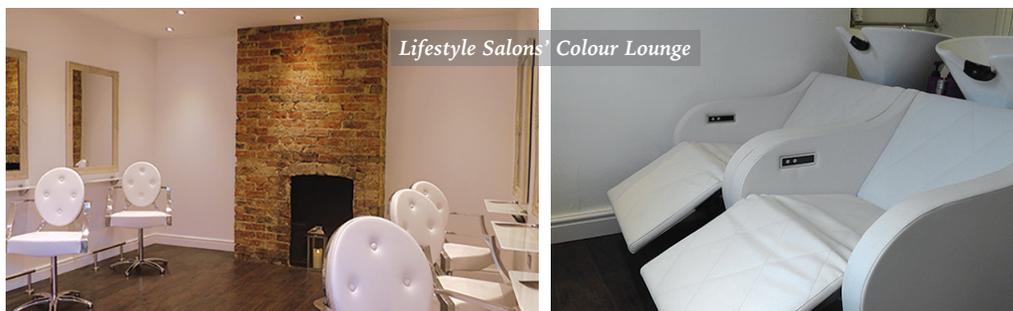
All the staff were consummate professionals; even having my hair washed was a pleasure, particularly as it was accompanied by a relaxing head massage.

The stylist made sure the water temperature was right and that I was comfortable.

Emma then trimmed my hair, applied all manner of yummy smelling products, and without blinding me with science, explained the purpose of each. She also gave me tips on how to manage my difficult hair.

She blow dried it into soft waves, as I am not a fan of poker straight WAG-style hair and for the first time in my life, I had truly glossy hair. I wanted to flick it à la Jennifer Aniston. Every girl loves a goodie bag, and I was delighted to be presented with one on my departure. The whole experience was an absolute pleasure and my three hour visit to the salon just slipped by.

The charming salon owner, Greg, says in his mission statement, "All my stylists are trained to listen, really listen and that means you are in safe hands." I wholeheartedly agree with this ethos. Next step; a Keratin straightening treatment I think! ■



"We're passionate about creating beautiful hair colour at Lifestyle."

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